



PTT: Diploma in Primary Teacher Training

Duration: 1 year Programme

Syllabus: Semester 1

1. Introduction to Child Development and Psychology
 - Child Development Stages: Physical, Cognitive, Emotional, and Social Milestones
 - Core Psychological Theories: Piaget, Erikson, Vygotsky
 - Role of Culture and Environment in Indian Child Development
 - Identifying Behavioral Challenges and Understanding Individual Differences
2. Principles of Education and Primary Education Basics
 - Foundations of Primary Education: Philosophy and Role in Child Development
 - Classroom Management Strategies for Young Learners
 - Positive Reinforcement Techniques and Building Routines
 - Cultural Sensitivity and Social Inclusion in the Classroom
3. Teaching Methods for Primary Education
 - Play-Based Learning and Activity-Based Teaching
 - Effective Methods for Language, Mathematics, and Science
 - Storytelling, Songs, and Role-Playing Techniques
 - Creative Approaches: Hands-On Learning with Art, Craft, and Music



Syllabus: Semester 2

1. Child Health, Hygiene, and Nutrition

Basics of Health and Hygiene for Primary School-Aged Children
Nutrition's Impact on Physical and Cognitive Development
Teaching Hygiene Practices and Healthy Habits
Identifying Common Nutritional Deficiencies and Solutions

2. Art, Craft, and Expression Techniques

Introduction to Art Therapy and Emotional Expression
Using Art and Craft to Enhance Cognitive and Motor Skills
Recognizing Emotional Needs through Creative Activities
Practical Art Projects to Encourage Focus and Teamwork

3. Practical Training and Classroom Observation

Observation and Analysis of Classroom Dynamics
Documenting Child Behavior and Developmental Progress
Practical Application of Child Psychology Concepts
Group Activities and Social Skill Development Exercises

Additional Child Psychology Topics Integrated:

- Social-Emotional Learning (SEL): Teaching Emotion Regulation, Empathy, and Social Skills
- Emotional Development in Early Childhood: Understanding Self-Concept and Emotional Awareness
- Mindfulness Practices for Young Learners: Techniques to Encourage Calm and Focus
- Parental Support and Guidance: Helping Parents Understand and Support Children's Emotional Needs
- Basic Trauma-Informed Teaching: Recognizing and Addressing Emotional Distress in Children



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