



## **NTT: Diploma in Nursery Teacher Training**

### **Duration: 1 year Programme**

#### **Syllabus: Semester 1**

1. Foundations of Early Childhood Education
  - Importance of Early Childhood Education
  - Child Development Theories (Piaget, Montessori, Vygotsky, etc.)
  - Physical, Emotional, Cognitive, and Social Development in Preschoolers
  - Rights of the Child (UNCRC) and Ethics in Early Education
2. Child Psychology & Behaviour Management
  - Understanding Individual Differences
  - Identifying Learning Styles
  - Positive Discipline Techniques
  - Addressing Behavioral Issues (e.g., hyperactivity, shyness)
3. Teaching Pedagogy and Methods
  - Montessori and Play-way Methods
  - Storytelling, Rhymes, and Music Integration
  - Language Development (Phonics & Pre-Literacy Skills)
  - Numeracy and Early Math Concepts
  - Science Exploration for Preschoolers
4. Art, Craft, and Creativity
  - Fostering Creativity in Children
  - Introduction to Drawing, Painting, and Craft Techniques
  - DIY Toys and Teaching Aids
  - Importance of Sensory Play
  - Making teaching aids from eco-friendly materials



## Syllabus: Semester 2

1. Physical Education and Health
  - Gross and Fine Motor Skill Development
  - Role of Yoga and Movement in Preschool Education
  - First Aid and Health Awareness for Teachers
  - Nutrition Basics for Young Children
  
2. Classroom Environment & Management
  - Setting up an Ideal Learning Environment
  - Time Management and Routine Planning
  - Inclusivity and Special Education Needs (SEN)
  - Parent-Teacher Communication
  
3. Technology Integration in Preschool Education
  - Introduction to Digital Tools (Interactive Boards, Apps, etc.)
  - Using Technology to Enhance Learning
  - Managing Screen Time for Young Learners
  
4. Practical Training
  - Observing and assisting in preschool classrooms
  - Independent teaching under supervision
  - Maintaining daily reflective journals
  - Conducting assessments for preschool children

### Additional Child Psychology Topics Integrated:

- Social-Emotional Learning (SEL): Teaching Emotion Regulation, Empathy, and Social Skills
- Emotional Development in Early Childhood: Understanding Self-Concept and Emotional Awareness
- Mindfulness Practices for Young Learners: Techniques to Encourage Calm and Focus
- Parental Support and Guidance: Helping Parents Understand and Support Children's Emotional Needs
- Basic Trauma-Informed Teaching: Recognizing and Addressing Emotional Distress in Children



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