



ECCE: Diploma in Early Childhood Care Education

Duration: 1 year programme

Syllabus: Semester 1

1. Early Childhood Care & Education

- Principles of Early Childhood Development and Care
- Importance of Secure Attachments in Early Childhood
- Creating Nurturing Environments for Emotional Development
- Introduction to Play-Based Learning and Its Psychological Benefits

2. Fundamentals of Child Development

- Stages of Development: Cognitive, Emotional, Social, and Physical
- Key Child Development Theories (e.g., Erikson, Piaget, Vygotsky)
- Recognizing and Supporting Developmental Milestones
- Understanding Early Emotional Expression and Self-Regulation

3. Introduction to Special Needs

- Recognizing Signs of Developmental and Emotional Disorders
 - Basic Intervention Strategies for Special Needs in Early Childhood
 - Social-Emotional Challenges in Children with Special Needs
 - Techniques for Inclusive and Supportive Classrooms.
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4. Curriculum, Practices & Progress

- Designing Developmentally Appropriate Curriculum
- Techniques for Embedding Emotional and Social Learning
- Assessing and Tracking Children’s Developmental and Emotional Growth
- Adapting Curriculum to Address Individual Emotional Needs

5. Diversity and Inclusion

- Building an Inclusive Classroom Environment
- Teaching Respect for Diversity and Multicultural Understanding
- Addressing Unconscious Bias in Early Education
- Fostering Empathy, Kindness, and Positive Social Behaviours

6. Art and Craft Development

- Art as a Medium for Emotional Expression and Development
 - Introduction to Art Therapy Techniques in Early Childhood
 - Observation and Interpretation of Children’s Art for Emotional Insights
 - Using Craft Activities to Foster Motor and Cognitive Skills
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Syllabus: Semester 2

1. Teaching Practice

Observing and Implementing Psychological Concepts in the Classroom
Techniques for Behavior Management Using Positive Reinforcement
Hands-On Application of Developmentally Appropriate Practices
Conducting Observations to Understand Emotional and Social Development

2. Health & Nutrition

Psychological Impact of Nutrition on Cognitive and Emotional Growth
Teaching Healthy Habits for Physical and Mental Well-Being
Recognizing Eating Disorders and Emotional Issues Linked to Nutrition
Integrating Physical Activity to Support Emotional Stability

3. Communicating with Parents & the Community

Effective Communication Techniques Rooted in Child Psychology
Understanding and Sharing Developmental and Emotional Milestones
Providing Emotional and Psychological Support to Parents
Working with Community Resources to Support Children's Well-Being



4. Communication Skills

- Building Verbal and Non-Verbal Communication Skills in Young Learners
- Teaching Empathy, Active Listening, and Emotional Expression
- Addressing Social and Communication Challenges in Children
- Role of Positive Reinforcement in Building Confidence

5. Outdoor Games & Physical Education

- Physical Activity for Cognitive and Emotional Development
- Team Activities to Support Social Skills and Emotional Regulation
- Outdoor Play as a Therapeutic Tool for Stress and Behavioral Management
- Observing Children's Emotional and Social Growth Through Play

6. Organisation & Management of ECCE Centre

- Creating a Psychologically Safe and Supportive Learning Environment
- Policies for Addressing Emotional and Behavioral Challenges
- Training Staff in Emotional Intelligence and Child Psychology Basics
- Engaging Parents and Community in Child Development Initiatives

Additional Child Psychology Topics Integrated:

- Social-Emotional Learning (SEL): Teaching Emotion Regulation, Empathy, and Social Skills
 - Emotional Development in Early Childhood: Understanding Self-Concept and Emotional Awareness
 - Mindfulness Practices for Young Learners: Techniques to Encourage Calm and Focus
 - Parental Support and Guidance: Helping Parents Understand and Support Children's Emotional Needs
 - Basic Trauma-Informed Teaching: Recognizing and Addressing Emotional Distress in Children
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